



Bio 7 Wellness

# Master of Frequency Wellness

# *Message from the founder*

## **S PUJAH**

My vision is to bring the bio-frequency science-based healing available to as many people as I can. The healing methods are well-validated and tested. The healing oils are made with extreme care and compassion.

**OUR MISSION IS TO TOUCH PEOPLE'S LIVES AND HEAL THE WORLD.**



# HOW WE STARTED

## How we started

Like all great things, we started small. We took a few like-minds with a shared vision –and ran with it. Today, we’ve grown into something where we are in multiple locations and many people have trusted us . We have made bio frequency blends by BIO 7 Wellness Method which just work best for you.

"energy cannot be destroyed it can only be transformed "

" we created a Energy method "



**CONCEPT**



# Concept

**We have created an Energy method that can heal your life**

Balance 1 Studio™ is an ISO-certified global wellness company founded by Dr. Pujah Subhash Srivastav who is the UAE's first certified Building Biologist. The company over the 11 years has scientifically developed methods to decode the old traditions of Vedas and Ayurveda to heal human suffering both at the physical and emotional level. We have designed the concept to heal both your inner self and the space where you dwell. The techniques of Balance 1 Wellness & Geo 1 Space methodology are not just helping boost health, but also invite wealth, prosperity, and overall well-being.



BIO 7 WELLNESS METHOD

**“EVERYTHING IS ENERGY AND THAT IS ALL THERE IS  
MATCH THE FREQUENCY OF THE REALITY YOU WANT  
AND YOU CAN NOT HELP BUT GET THAT REALITY IT CAN  
BE NO OTHER WAY THIS IS NOT PHILOSOPHY THIS IS  
PHYSICS ”**

**— ALBERT EINSTEIN —**



**PHILOSOPHY**  
ENERGY HAS A METHOD

WE PROMOTE LIFESTYLE WELLNESS  
PROGRAMME WITH APPROACH TO MATCH  
& REALIGN YOUR FREQUENCIES BY  
INTEGRATING  
BIO 7 WELLNESS CONCEPT &  
GEO 7 SPACES METHOD

" TO BRING THE SHIFT "

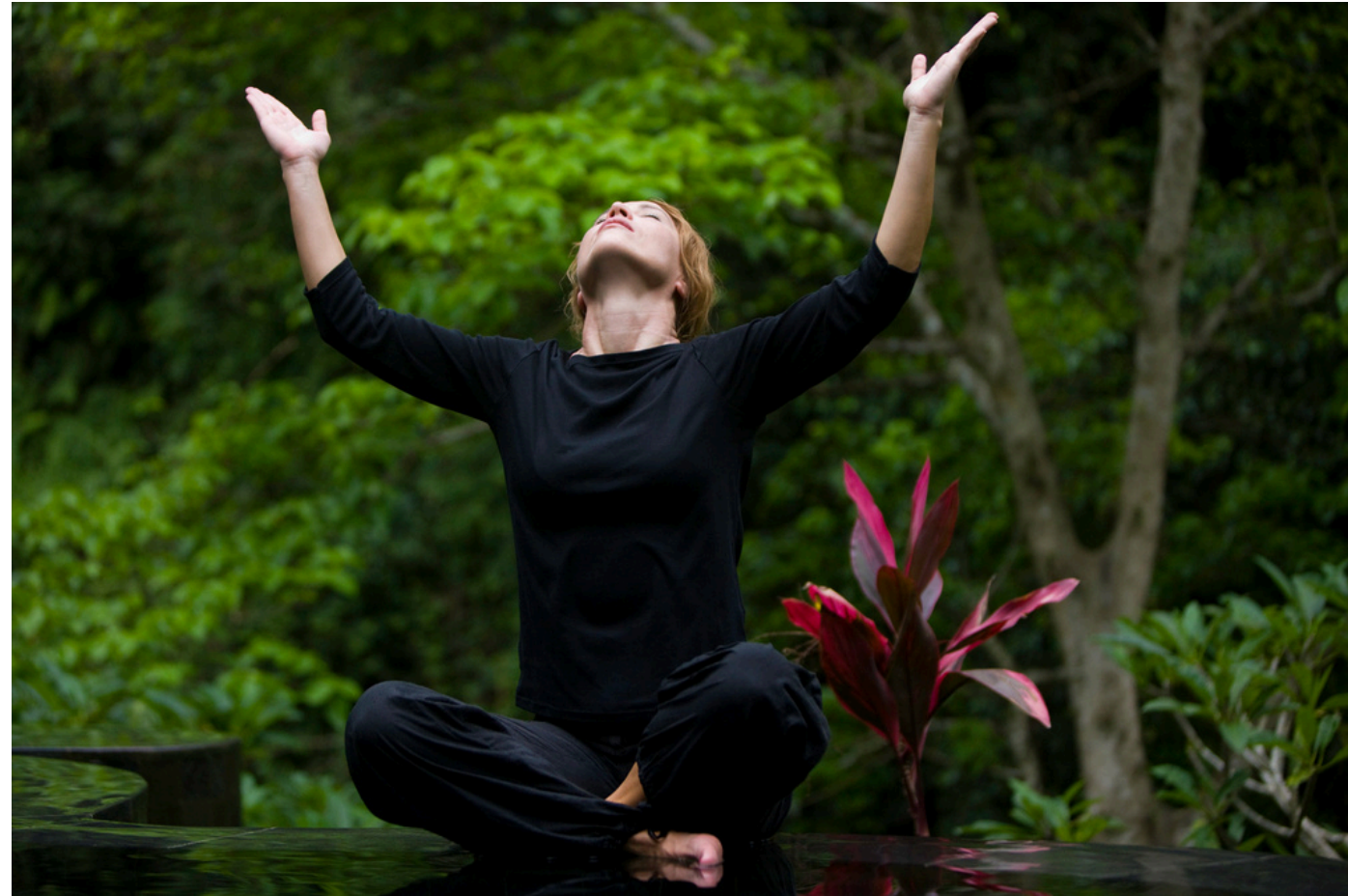
# BIO 7 WELLNESS METHOD

## FREQUENCY WELLNESS

“EVERYTHING IS ENERGY AND WE MEASURE BODY ENERGY BY BIO 7 WELLNESS METHOD WHICH INTEGRATES AND TRANSMITS ENERGTIC ,PHYICAL AND EMOTIONALS SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY BLENDS BY BIO 7 WELLNESS METHOD AND MATCH THE FREQUENCY OF THE CLIENT TO UPGRADE THEIR VITALITY AT ANY TIME







## **GEO 7 SPACE METHOD**

### **CREATING CONCECREATED SPACES**

We create synchronicity between mind body soul and spaces

The Universal Law of Attraction states that 'like attracts like.' GEO 7 SPACE you work with this law to create an environment that represents your goals and passions and Healthy Energy. We measure space energy and create coherent solutions for sustainability

## **BIO 7 WELLNESS METHOD**

The law of conservation of energy states that energy can neither be created nor destroyed only converted from one form of energy to another

"Nature can heal us "





# OUR STORY

It's easy to do great work when you believe in what you do. That's why we're committed to helping more people like you, every day. We want you to be happy, healthy, well, evolved, rich, successful, fulfilled and free of any disease.



# OUR TEAM

We're more than a bunch of experts. We're a family of like-minded people, using our passion and our skills to make a difference. We are not traditional healers, we are scientists of today and hope dealers of tomorrow. We never stop innovating. Our care and compassion drive us



# OUR PRODUCTS

Our Therapeutic blends are certified for the best quality. They are made from organic ingredients sourced from across the world. We have taken care to see that we don't use any ingredient which can do harm. Primum non nocere is our motto

# BIO 7 WELLNESS

## AURA ENERGY CARE

### Aura Chakra RE Balancing Energy

1

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS and Energetical SIGNS OF BODY. BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY BLENDS to bring the Aura Chakra RE BALANCING for you

### Aura Chakra RE Purifying

3

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS and Energetical SIGNS OF BODY. BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY BLENDS to bring the Aura Chakra RE PURIFYING for you

### Aura Chakra RE Enhancing

2

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS and Energetical SIGNS OF BODY. BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY BLENDS to bring the Aura Chakra RE ENHANCING for you

### Absoulte Detox Water Non Ionizing Treatments Energy Detox

4

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS and Energetical SIGNS OF BODY. BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY BLENDS to bring the Absolute Detox Water Non Ionizing Treatments for Energy Detox



# BIO 7 WELLNESS

## Bio 7 wellness Scan

1

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS and Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY BLENDS to overall wellness with Pre and post scan

## Bio 7 Aura Scan

3

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS and Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY BLENDS to bring the Aura for you

## Bio 7 Chakra Scan

2

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS and Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY BLENDS to bring the Chakra Aligned for you

## Bio 7 Prosperity

4

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS and Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY BLENDS of Prosperity and bring the shift for you

# BIO 7 WELLNESS

## Bio 7 Pain Relief

1

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS and Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY Treatments muscle tissue, which reduces painful contractions and spasms for you

## Bio 7 Realtionship

3

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS and Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY Treatments frequency you are attracting to bring the shift and stability in emotions

## Bio 7 Mental wellness

2

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS and Energetic SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY Treatments muscle tissue, which reduces Brian fog and connecting to higher self peacefully for you

## Bio 7 Chronic health

4

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS and Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY Treatments to monitor the root causes and combine Bio 7 Space for healing purpose to bring the shift

# BIO 7 WELLNESS

## MEN - WOMEN WELLNESS

### Immunity Booster

1

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY Program relaxes the nervous system and aids the body's immune system

### Insomania

3

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS ,Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY Program to bring shift from confusions and work load high pace demanding life to bring to balanced frequencies

### Joint Muscle Pain Care

2

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY Program relaxes muscle tissue

### Back Pain - Reciveing Mode

4

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS ,Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY Program to understand and release all muscle tensions , on subtle level all stress stored in body

# BIO 7 WELLNESS

## MEN - WOMEN WELLNESS

### Grounding Care

1

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS ,Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY Program to make the person grounded , aware of things around and help them to deal with the situations

### Sports care & stamina massage

3

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS ,Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY Program to make the person energy balanced and working on enhancing's there relaxed state which can help them to stay focus

### Gut Wellness

2

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS ,Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY Program to healthy gut and massages with right meridians to get the flow right

### Detoxification

4

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS ,Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY Program to help in detox with smooth and calming effects of essential oils blends like lavender & mandarin



# BIO 7 WELLNESS

## MEN - WOMEN WELLNESS

### Brain Repower

1

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS ,Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY Program to relax your muscle and help in focus and concentration

### Re Vitalize

3

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS ,Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY Program using massage therapy techniques can help with tissue regeneration. By warming and touching specific muscles, the regeneration process will be stimulated to completely Re vitalize you

### Hydration Healing

2

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS ,Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY Program using fresh citrus essentail oils to have complete hydration and leave your rejuvenated

### Awaken

4

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS ,Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY Program to help you regain your vitality and increase your happiness quotient

# BIO 7 WELLNESS

## MEN - WOMEN WELLNESS

### **Pregnancy - Ante natal and Post Natal Massages**

1

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS ,Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY Massage therapy during pregnancy has been shown to provide many benefits, including a sense of wellness, improved relaxation, and better sleep

### **Lifting Replenisher (Anti oxidant care )**

3

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS ,Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY Antioxidants are said to help neutralize free radicals in our bodies, and this is thought to boost overall health

2

### **Post Surgery Energy Care (Foot Detox )**

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS ,Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY massage can help a person post-surgery by encouraging an increase in healing, stimulating the Flow of energy back to system. old healing and relaxing technique helps the body restore balance with a gentle stimulation of pressure points on the feet. Soothing aromatic towel wraps and a rejuvenating peppermint cream foot massage complete this treatment. Truly beneficial and "good for the sole.

4

### **Soul to sole**

BIO 7 WELLNESS METHOD we measure energy pointers on 3 levels PHYSICAL AND EMOTIONALS ,Energetical SIGNS OF BODY .BASED ON POINTERS WE CUSTOMISED THE PERSONALISED FREQUENCY providing Deep tissue massage is to apply firm pressure and slow strokes to reach deeper layers of muscle and connective tissue surrounding muscles. It's beneficial to

# GEO 7 SPACE

## Geo 7 Space Energizing

### CREATING CONCECREATED SPACES

1

We create synchronicity between mind body soul and spaces

Geo 7 Space Energizing method

- Space Lift is a system of controlling the energy of our environment by encouraging healthy energy and eliminating unhealthy energy from your surroundings by balancing 5 elements in our environment
- Aligning The Chakras ,marma meridians of spaces ,built in spaces we live in to create harmony

## Geo 7 Building Biologist

### Real Time Radiation Protection

Avoid, Eliminate or Shield

We create synchronicity between mind body soul and spaces

Geo 7 Building Biologist Method

- We do space planning and designing of new or existing spaces to align with WHO guidelines of electromagnetic radiation shielding
- We Measure Real Time Radiation Protection Dealing with EMF & Geopathic Stress and give solutions based on reading like geopathic stress control rods ,mattress ,shielding Paint

# GEO 7 SPACE CORPORATES

## Electron Photon Imaging For Employees

Energy Field – Measure the energy field of a person which reflects an energetic state and state of mind and emotions as well. BENEFITS OF IT

- Better Productivity
- Reduce Absenteeism
- Positive Energy Flow
- Healthy Work force
- Tune in to Happiness in each cell each body
- Focus on Emotional Well being
- Better Health
- Reduce in Insurance Premiums
- HR tool to Hire quality well balanced staff
- Sales tool to hire quality sales team
- Management tool to review the patterns of each department
- Personality development
- Stress Management
- Boosting sales force
- Leadership skills
- Detox Behavior patterns
- Transformation Tools on Consciousness
- Self Care Sessions – real hand on tools for alignment and set the rhythm right



# FREQUENCY WELLNESS CONCEPT

## The Healing Frequencies of the Human Body and Around us

Each Body Organ ,Each meridians

Each Chakras ,koshas

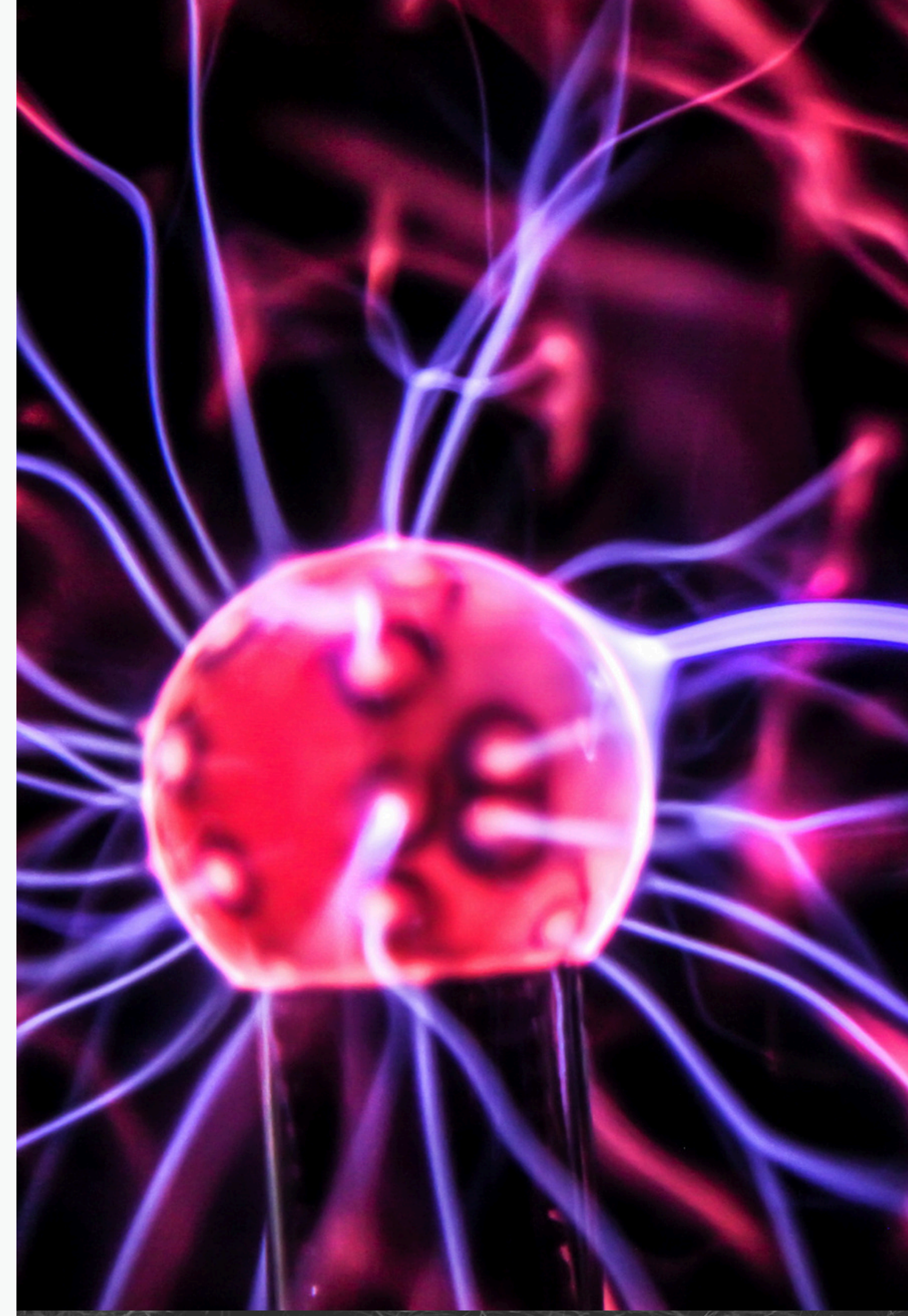
Each Glands

Each Planets

Each Emotions

All Space around us

Has Frequency which can be measured



# FREQUENCIES

## Food

Fresh Food

20-27 HZ

Fresh Herbs

20-27 HZ

Dried Foods

15-22 HZ

Dried Herbs

15-22 HZ

Processed/Canned Food

Zero Hz

## Emotions

Negative Thoughts

-12 MHZ

Positive Thoughts

10 MHZ

Prayer & Meditation

77-83 MHZ

ABUNDANCE

78 MHZ

ACCEPTANCE

102 MHZ

CLARITY

101 MHZ

FORGIVENESS

192MHZ

SURRENDER

89 MHZ

INSPIRATION

141 MHZ

GROUNDING

140 MHZ

## Body

HEALTHLY BODY

68-62MHZ

NEGATIVE THOUGHT

12MHZ

HEADACHES START(-4MHZ)

58 MHZ

FLU INVADES THE BODY

57 MHZ

PNEUMONIA/EPSTEIN BARR

55 MHZ

DISEASED TISSUE DAMAGE

48 MHZ

HEADACHE

67-88

FLU

58

VIRAL INFECTION

55-60

HUMAN

62-68 MHZ

TRAUMA LIFE

92 MHZ

## Body

THYROID

62-68 MHZ

LUNGS

58-65MHZ

LIVER

55-60 MHZ

THYMUS

65-68 MHZ

HEART

67-70

STOMACH

58-65 MHZ

SPLEEN

60-80 MHZ

COLON

58-63 MHZ

HEADACHE

67-88

FLU

58

VIRAL INFECTION

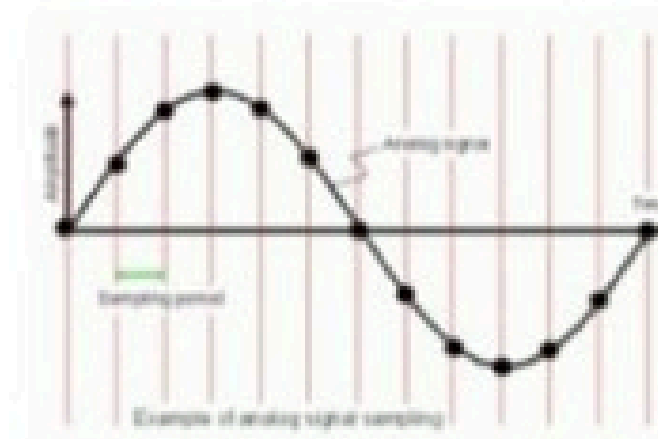
55-60

# BODY FREQUENCY

## Our Body's Frequency is an important component of our Health

Frequency is the measurable rate of an electrical current from point A to point B. All living matter carries a frequency. A healthy body, from head to foot, typically has a frequency ranging from 62 to 78 MHz, while disease begins at 58 MHz. Essential oils start at 46 MHz and go as high as 320 MHz, which is the frequency of rose oil. Essential oils contain frequencies that are several times greater than the frequencies of herbs and food. This means that essential oils have more life giving energy than any other substance.

- Flu like symptoms at 58 MHz
- Viral Infection at 55 MHz
- Epstein Barr at 52 MHz
- Tissue breakdown from disease at 48 MHz
- Cancer at 42 MHz
- Death begins at 20 MHz



By applying essential oils to our body daily we are protecting our bodies from the onslaught of disease and sickness.



# BODY SPINE FREQUENCY

## The Spine Frequencies



	Frequency	Parts of body	Symptoms
C1	130.81 128.43	Blood supply to the head, pituitary gland scalp, bones of the face, brain, inner and middle ear, sympathetic nervous system	Headaches, nervousness, insomnia, head colds, high blood pressure, migraine headaches, nervous breakdowns, amnesia, chronic tiredness, dizziness
C2	146.83 144.16	Eyes, optic nerves, auditory nerves, sinuses, mastoid bones, tongue, forehead	Sinus trouble, allergies, pain around the eyes, earaches, fainting spells, certain case of blindness, crossed eyes, deafness
C3	164.81 161.82	Cheeks, outer ear, face bones, teeth, trigeminal nerve.	Neuralgia, neuritis, acne or pimples, eczema
C4	174.61 171.44	Nose, lips, mouth, eustachian tube	Hay fever, runny nose, hearing loss, adenoids
C5	196.00 192.43	Vocal cords, neck glands, pharinx	Laryngitis, hoarsness, throat conditions such as sore throat or quinsy
C6	220.20 216.1964	Neck muscles, shoulders, tonsils	Stiff neck, pain in upper arm, tonsillitis, croup, chronic cough
C7	246.94 242.45	Thyroid gland, bursae in the shoulders, elbows	Bursitis, colds, thyroid conditions
T1	130.81 128.43	Arms from the elbows down, including hands, wrists and finger, esophagus and trachea	Asthma, cough, difficult breathing, shortness of breath, pain in lower arms and hands
T2	146.83 144.16	Heart, including its valves and covering, coronary arteries	Functional heart conditions and certain chest conditions
--	164.81		Bronchitis, pleurisy, pneumonia, congestion.

# BODY SPINE FREQUENCY

T1	130.81 128.43	Arms from the elbows down, including hands, wrists and fliger, esophagus and trachea	Asthma, cough, difficult breathing, shortness of breath, pain in lower arms and hands
T2	146.83 144.16	Heart, including its valves and covering, coronary arteries	Functional heart conditions and certain chest conditions
T3	164.81 161.82	Lungs, bronchial tubes, pleura, chest, breast	Bronchitis, pleurisy, pneumonia, congestion, influenza
T4	174.61 171.44	Gallbladder, common duct	Gallbladder conditions, jaundice, shingles
T5	196.00 192.43	Liver, solar plexus, circulation (general)	Liver conditions, fevers, blood pressure problem, poor circulation, arthritis
T6	220.20 216.1964	Stomach	Stomach troubles including: nervous stomach, indigestion, heartburn, dyspepsia
T7	246.94 242.45	Pancreas, duodenum	Ulcers, gastritis
T8	138.57 136.07	Spleen	Lowered resistance
T9	155.56 152.74	Adrenal and suprarenal glands	Allergies, hives
T10	185.00 181.63	Kidneys	Kidney troubles, hardening off the arteries, chronic tiredness, nephritis, pyelitis
T11	207.65 203.88	Kidneys, uterus	Skin conditions such as acne, pimples, eczema, boils
T12	233.08 228.34	Small intestines, lymph circulation	Rheumatism, gas pains, certain types of sterility








# BODY SPINE FREQUENCY

L1	138.57 136.07	Large intestines, inguinal rings	Constipation, colitis, dysentery, diarrhea, some ruptures of hernias
L2	155.56 152.74	Appendix, abdomen, upper leg	Cramps, difficult breathing, minor varicose venis
L3	185.00 181.63	Sex organs, uterus, bladder, knees	Bladder troubles, menstrual troubles such as painful or irregular periods, miscarriages, bed wetting, impotency, change of life symptoms, knee pains
L4	207.65 203.88	Prostate gland, muscle of lower back, sciatic nerve	Sciatica, lumbago, difficult painful or too frequent urination, backaches
L5	233.08 228.34	Lower legs, ankles, feet	Poor circulation in the legs, swollen ankles, weak ankles and arches, cold feet, weakness in the legs, leg cramps
	Sacrum	Hip bones, buttocks	Sacroiliac conditions, spinal curvatures
	Coccyx	Rectum, anus	Hemorrhoids (piles), pruritus (itching), pain at the end of the spine on sitting

*in green 440 Hz scale    in red 432 Hz scale*



# CHAKRA FREQUENCY

CHAKRA SANSKRIT NAME	FREQUENCIES IN HERTZ
 CROWN SAHASRARA	216 Hz - 432 Hz - 864 Hz
 3RD EYE AJNA	144 Hz - 288 Hz - 576 Hz
 THROAT VISHUDDHA	192 Hz - 384 Hz - 768 Hz
 HEART ANAHATA	128 Hz - 256 Hz - 512 Hz
 SOLAR PLEXUS MANIPURA	182 Hz - 364 Hz - 728 Hz
 SACRAL SVADHISTHANA	303 Hz - 606 Hz - 1212 Hz
 ROOT MULADHARA	228 Hz - 456 Hz - 912 Hz

# CHAKRA SOLFEGGIO FREQUENCY

<u>Sphere/Color Octave</u>	<u>Dimension</u>	<u>Chakras</u>
CHAKRA 1 	D-1	Base
CHAKRA 2 	D-2	Sacral
CHAKRA 3 	D-3	Solar Plexus
CHAKRA 4 	D-4	Heart
CHAKRA 5 	D-5	Throat
CHAKRA 6 	D-6	Third Eye
CHAKRA 7 	D-7	Crown
CHAKRA 8 	D-8	Thymus ( Permanent Seed Atom)
CHAKRS 9 	D-9	Thalamus ( Medulla Oblangata)
CHAKRA 10 	D-10	Galactic -Soul Star (6" above head)
CHAKRA 11 	D-11	Galactic (18" above head)
CHAKRA 12	D-12	Earth Star - (6" below feet)
CHAKRA 13 	D-13	Earth - Christ 12D Shield(12" Below feet)
CHAKRA 14 	D-14	Universal -(36" above head)
CHAKRA 15 	D-15	Universal -(beneath Earth)

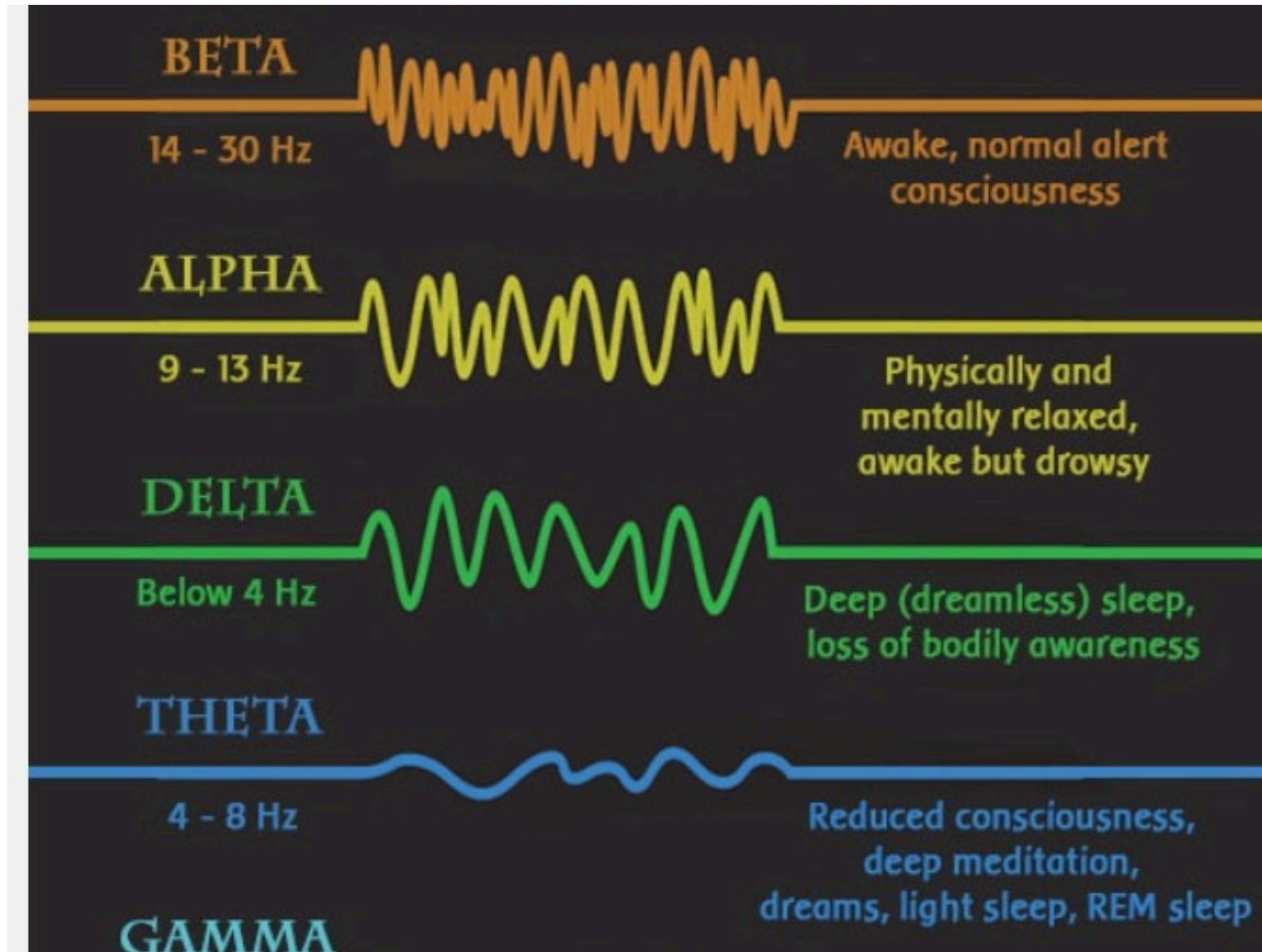
# PLANETS FREQUENCY



**SUN(S OF AS) 126.22**  
**MERCURY (THROAT) 141.27**  
**VENUS (3rd EYE) 221.23**  
**EARTH (ROOT) 194.18**  
**MARS 144.72**  
**JUPITERS 183.58**  
**SATURN 147.85**  
**URANUS 207.36**  
**NEPTUNE 211.44**  
**PLUTO 140.25**  
**MOON (SACRAL) 210.42**



# BRAIN FREQUENCY



# ESSENATIAL OILS FREQUENCIES

- **Essential oil frequencies have a wide range from 46 MHz up to 580 MHz.**
- **Healthy people have a smaller range and our bodies function well between 62-72MHz.**
- **Disease begins at 58 MHz**
- **By using high quality essential oils with varying frequencies, and making wise lifestyle choices, we can affect our body's frequencies so that it can be equipped to handle the day-to-day as well as seasons of additional immune stressors.**

# ESSENTAIL OIL FREQUENCIES

## EO

ROSE  
320 MHZ  
FRANKINCENSE  
147 MHZ  
LAVENDER  
118 MHZ  
HELICHRYSUM  
181 MHZ  
CHAMOMILE  
105 MHZ  
JUNIPER  
98 MHZ

## EO

JUNIPER  
98 MHZ  
SANDALWOOD  
98 MHZ  
PEPPERMINT  
78 MHZ  
BASIL  
52 MHZ  
Myrrh  
105 MHz  
Acceptance  
102 MHz

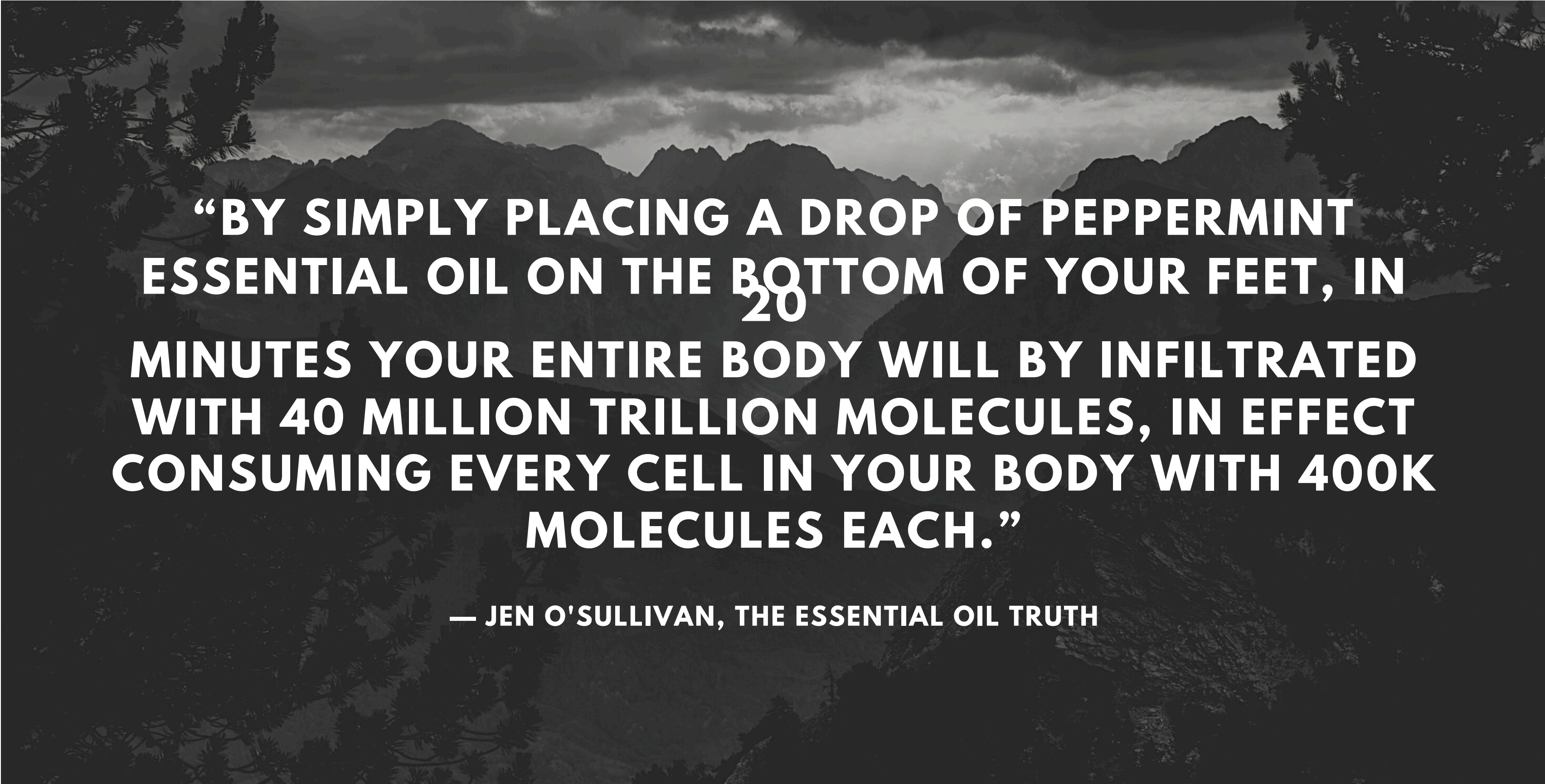
## EO

Melrose  
48 MHz  
BLUE CYPRESS  
285 MHZ  
FOEGIVENESS BLENDS  
192 MHZ  
JOY BLENDS  
188 MHZ  
PEACE AND CALMING  
105 MHZ  
RELEASE BLEND  
102 MHZ  
ABUNDANCE BLEND  
78 MHZ  
PURIFICATION BLEND  
46 MHZ



# **FREQUENCY IS A MEASURABLE RATE OF ELECTRICAL ENERGY**

**It is constant between any two points. When there is frequency,  
there is  
electromagnetic potential. We are being influenced by the magnetic  
action (or attraction)  
of the frequencies that surround our lives each day. Frequencies  
impact our state  
of well-being. Essential oils are measured in Megahertz frequencies.  
Essential oils have the highest frequencies of any measured natural  
substance.**



**“BY SIMPLY PLACING A DROP OF PEPPERMINT  
ESSENTIAL OIL ON THE BOTTOM OF YOUR FEET, IN  
20  
MINUTES YOUR ENTIRE BODY WILL BE INFILTRATED  
WITH 40 MILLION TRILLION MOLECULES, IN EFFECT  
CONSUMING EVERY CELL IN YOUR BODY WITH 400K  
MOLECULES EACH.”**

**— JEN O'SULLIVAN, THE ESSENTIAL OIL TRUTH**

# MEASURING FREQUENCIES



KRIPLIN PHOTOGRAPHY



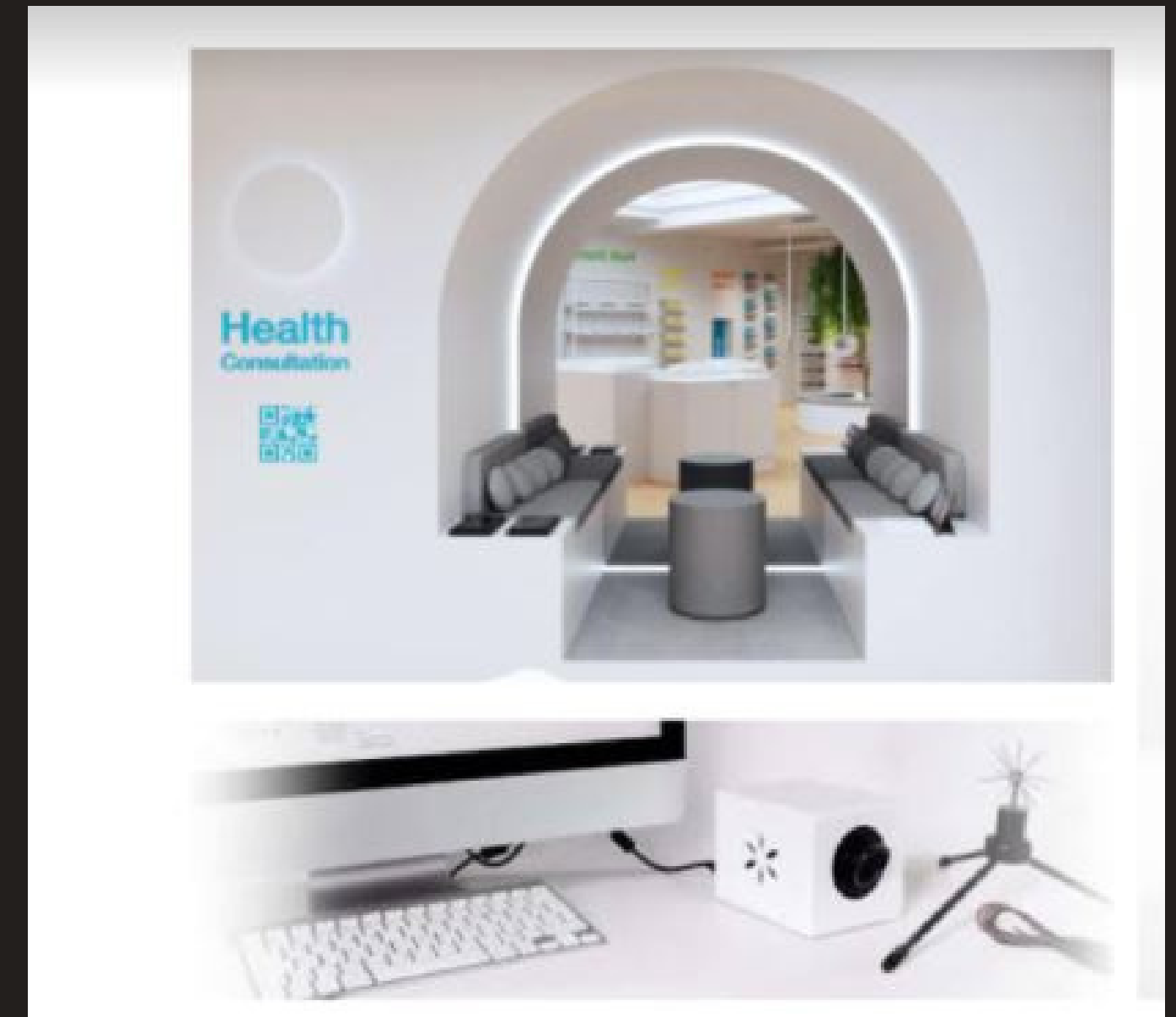
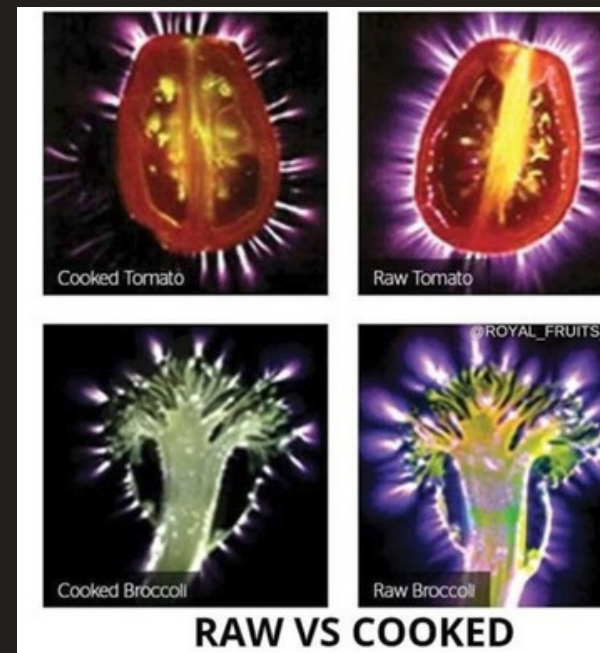
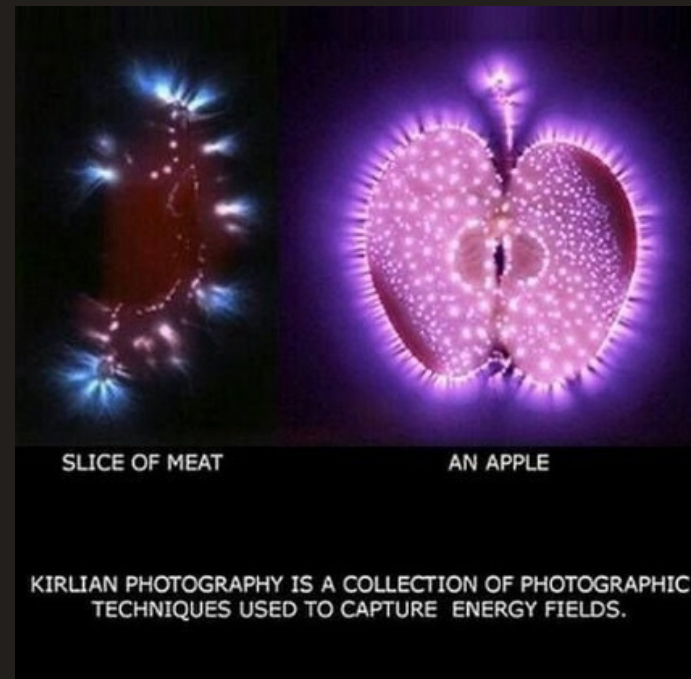
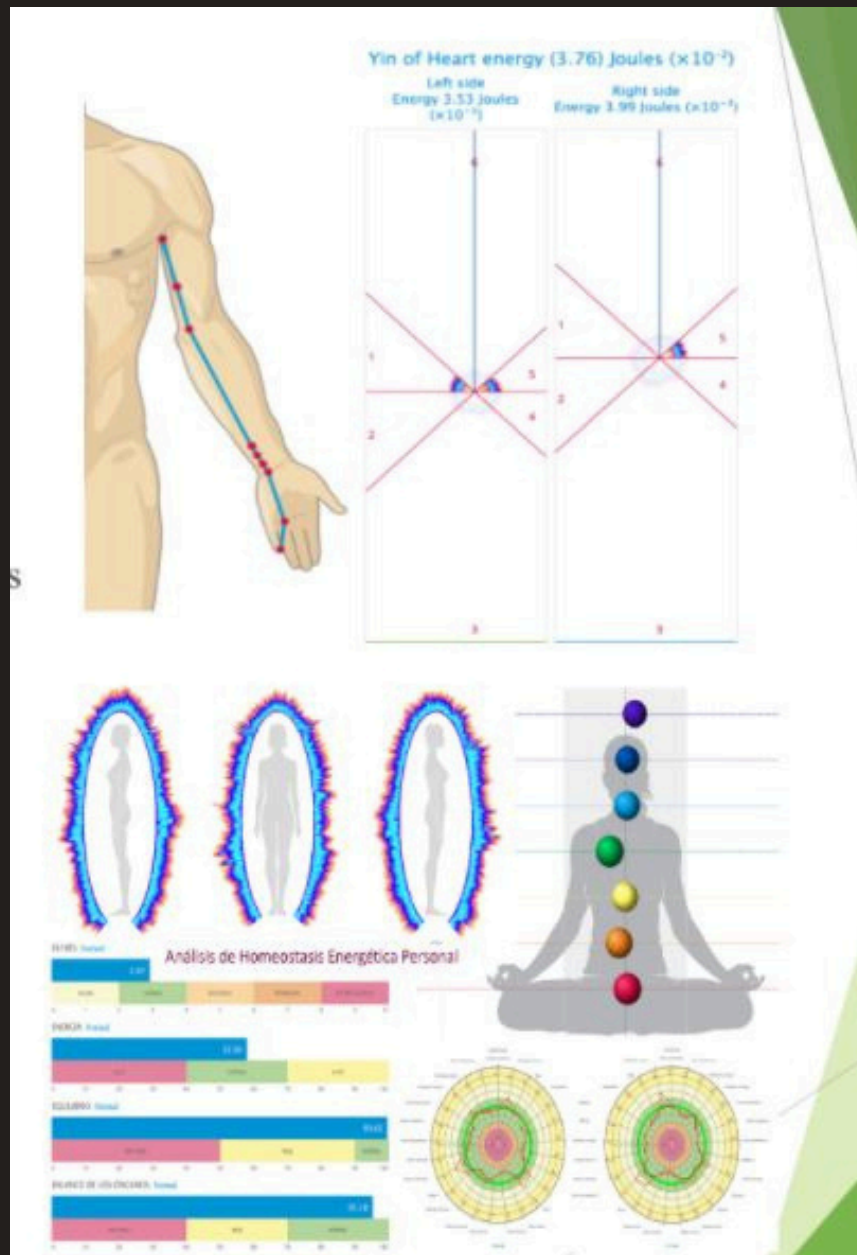
GDV – Electron Photon Imaging



Universal Thermos Devices



# MEASURING FREQUENCIES







[www.life-balance.ae](http://www.life-balance.ae)



" Lets Heal The World "





# WE ARE EXPANDING

**Bio 7  
Wellness  
Center**

**Bio 7  
Wellness Spa**

**Bio 7  
Associates**

# OUR CLIENTS





# CONNECT WITH US

 [info@spujah.com](mailto:info@spujah.com)

 +971 58 556 5111 | +971 56 259 0990

 [life-balance.ae](http://life-balance.ae) | [spujah.com](http://spujah.com) | [balance1studio.com](http://balance1studio.com)