

MANIFESTING CHAKRA THROUGH BODY

Expert Courses

S Pujah



BENEFITS OF OUR TRAINING PROGRAMS

"Mastering the Ancients: Decoding Vedas, Ayurveda and Wellness for Mind, Body, and Spaces."



ON - DEMAND
COURSES



LIFETIME VALIDITY



PEER TO PEER LEARNING



COMPLETION CERTIFICATE



7 DAYS MONEY BACK
GUARANTEE



Practical Approach

Our training is designed to provide the skills in a practical approach. Our students' success is our best asset in showing the quality of our training.



Globally Oriented

Strategies shared and knowledge earned allows our students to immediately set up their business and start offering their services start healing.



For Your Career

Begin your healing career with Bio7 Wellness and Geo7 Spaces Certified Professional. Combine expertise and compassion for holistic well-being.

WHAT CAN BE MEASURED, CAN BE MANAGED.

Essentially everything is energy and we utilize the energy measurement through the proprietary and engineered concept healing method, which integrates the measurement of the frequencies of the body and the mind and further alignment and correction of those frequencies by use of essential oils and sacred geometry.





S Pujah

"BECOME A
BEACON OF
LIGHT AND
HEALING IN
YOUR
COMMUNITY."

the perfect time is now



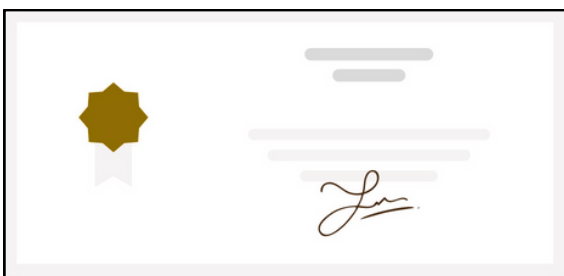
MANIFESTING CHAKRA THROUGH BODY

Course Overview

Embark on holistic well-being with our course covering Chakra Blends and aromatherapy fundamentals. Safely use over 35 essential oils for chakra alignment and overall wellness, mastering blending techniques.

Join us on the journey to energy balance and wellness.

Certification included



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[ENROLL NOW](#)

What's Included?

[DEMO VIDEO](#)



COURSE LECTURE
NOTES

25 PDFS



5+ HOURS OF
CONTENT

18 Videos



COURSE INDEX

25
CHAPTERS

Course Description

Dive into the art of holistic well-being with our comprehensive course. Explore Chakra Blends, unraveling the energies of Root to Crown Chakras. Understand aromatherapy fundamentals, safely use essential oils, and discover therapeutic properties of over 35 oils. Learn the nuances of carrier oils, aromatic notes, and hands-on blending techniques for chakra alignment and overall wellness.

About the Course

The course you need to become a true professional and boost your confidence towards mastering the field.

Content Highlights

- **Chakra Exploration:**
 - Examine the petals and energies of Root, Sacral, Solar, Heart, Throat, Third Eye, and Crown Chakras.
- **Aromatherapy Fundamentals:**
 - Understand the basics, therapeutic properties, and safe usage of essential oils.
- **Essential Oils Catalog:**
 - Explore over 35 essential oils, including Bergamot, Cajeput, Cedarwood, Cinnamon Bark, and more.
- **Carrier Oils:**
 - Learn about different carrier oils and their applications.
- **Aromatherapy Notes:**
 - Understand the unique notes of various essential oils.
- **Wellness Blends:**
 - Discover how to create wellness blends using essential oils.
- **Chakra Blending:**
 - Explore techniques for blending oils specifically tailored for Chakras.
- **Safe Usage Guidelines:**
 - Gain insights into using essential oils safely for therapeutic benefits.

Content Highlights

- Practical Applications:
 - Learn how to apply aromatherapy for overall well-being and specific therapeutic purposes.
- Hands-on Blending:
 - Get practical experience in blending oils for various purposes, including chakra alignment.
- Holistic Wellness:
 - Embrace a holistic approach to wellness, combining aromatherapy and chakra balancing for a balanced and rejuvenated lifestyle.



KEY HIGHLIGHTS

Interactive video

- Ignite Learning and interaction with exceptional video content

Text material

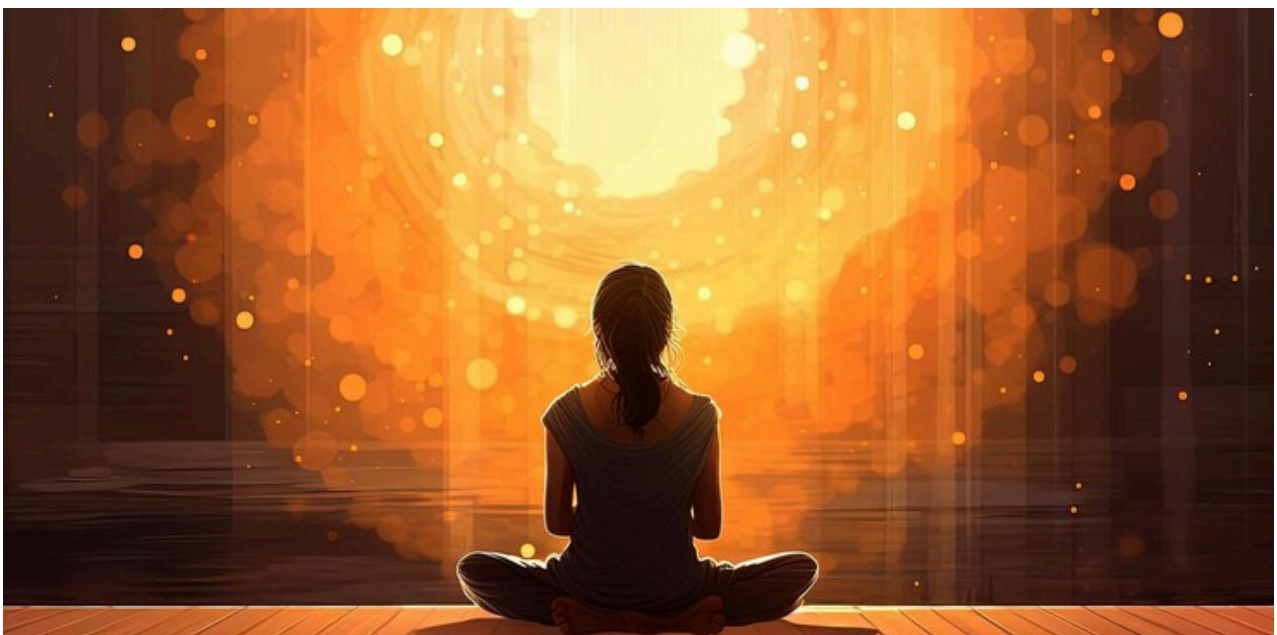
- Tools used by the world's top professionals. Unleash the power of E-books, PDF's, and more!

Quizzes

- Unleashing the potential of learning and fueling curiosity!

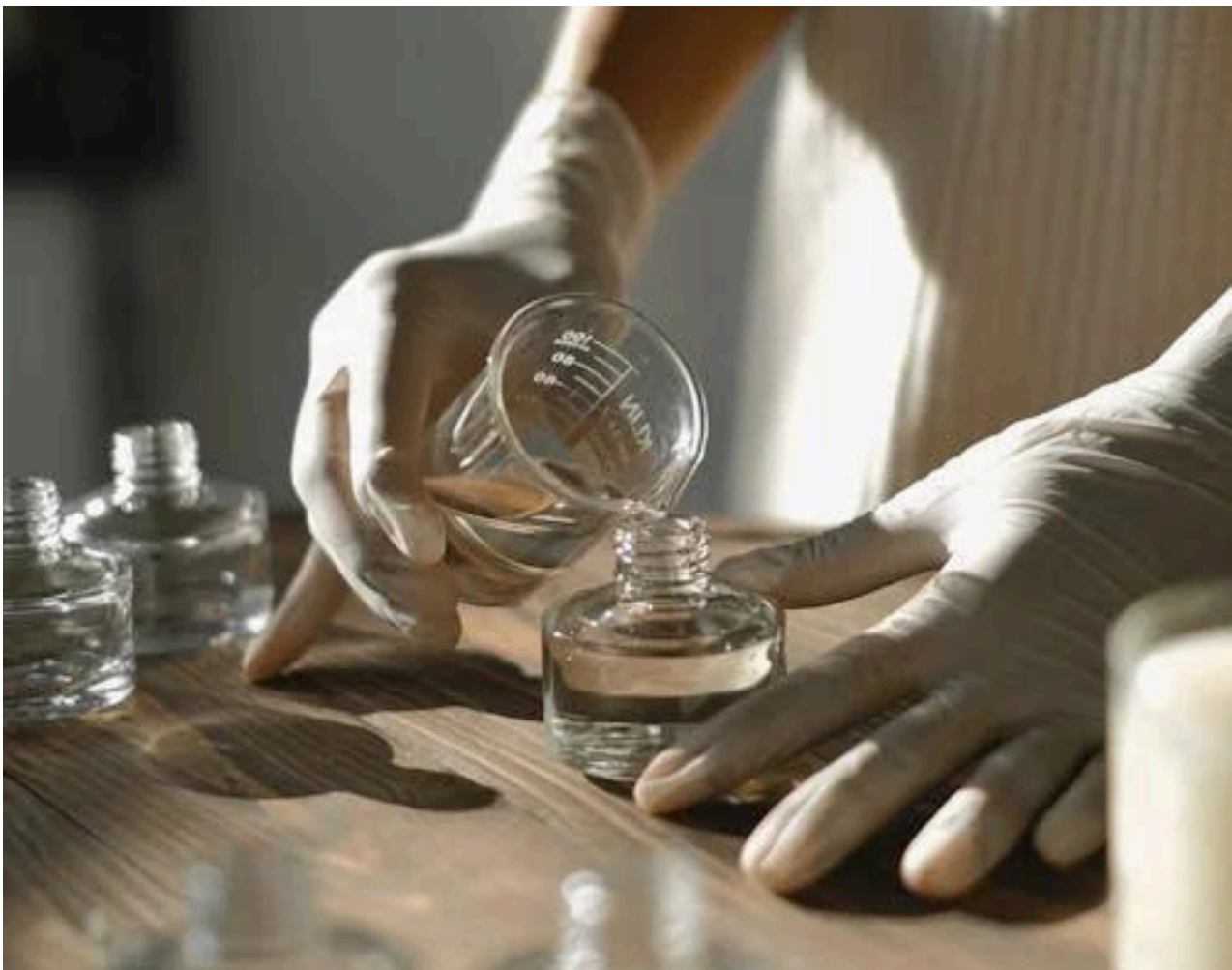
Certificate

- Boost your confidence, master the field, become a certified professional.



HOW TO MAKE CHAKRA BLENDS

- Chapter 1: Root Chakra Petals
- Chapter 2: Sacral Chakra Petals
- Chapter 3: Solar Chakra
- Chapter 4: Heart Chakra
- Chapter 5: Throat Chakra
- Chapter 6: Third Eye Chakra
- Chapter 7: Crown Chakra



HOW TO MAKE WELLNESS BLENDS

- Chapter 1: What is Aromatherapy
- Chapter 2: How to use Essential Oils Safely
- Chapter 3: The Therapeutic Properties of 35+ Essential Oils (Bergamot and Cajeput)
- Chapter 4: Cedarwood, Cinnamon Bark, German Chamomile
- Chapter 5: Clary Sage, Clove, Cypress
- Chapter 6: Dill Seed, Elemi, Juniper Berry
- Chapter 7: Lavender, Lemon, Eucalyptus
- Chapter 8: Fennel, Frankincense, Geranium
- Chapter 9: Ginger, Grapefruit, Holy Basil
- Chapter 10: Lemon Grass, Mandarin, Nutmeg
- Chapter 11: Orange, Palmarosa, Patchouli
- Chapter 12: Peppermint, Petitgrain, Rosemary
- Chapter 13: Rosewood, Spearmint, Tea Tree
- Chapter 14: Thyme, Turmeric, Ylang Ylang
- Chapter 15: Carrier Oils
- Chapter 16: Notes of Oils
- Chapter 17: How to Blend Oils
- Chapter 18: How to Blend for Chakras

MEET THE INSTRUCTOR

S PUJAH

Meet S Pujah, a seasoned entrepreneur and wellness expert based in Dubai. As the founder of Balance1Studio, she brings a wealth of experience from her successful ventures in investment banking and insurance. Specializing in personal growth and life balance, Pujah conducts impactful programs to help individuals discover their life's purpose. With a passion for decoding ancient wisdom, she offers unique insights from her extensive global travels. As the visionary behind Sustainable Wellness concepts like Bio7 wellness and Geo 7 spaces, Pujah blends aromatherapy and essential oils with geopathic rods for a holistic experience. Join her workshops on body and space energy healing to tap into her positive energy and expertise. Experience the difference with Dr. Pujah Subhash Srivastav—a calming presence with a profound impact on well-being.





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"EMPOWER
YOURSELF WITH
KNOWLEDGE AND
CREATE A
HEALING
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the perfect time is now





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Expert Course

\$550 Only

[ENROLL NOW](#)

For More information or to Enroll program,
please contact:



[Contact US](#)



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www.spujah.com

EXPLORE OTHER ADVANCE COURSES

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\$550

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2. Manifesting Chakra Through Spaces

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3. Manifesting Abundance through 5 Elements & Ayurveda in Spaces

\$550

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4. Manifesting Health by 5 Elements

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